# SCHOOL HEALTH ADVISORY COUNCIL (SHAC) November 14, 2018

# YULEE FULL SERVICE SCHOOL YULEE, FLORIDA

(Some entries may reflect multiple areas of the eight categories of Comprehensive Health. But, they are only documented in the Minutes in the first category on which they appear on the Agenda or as shared with the committee.)

#### **MINUTES**

The School Health Advisory Council met November 14, 2018 at the *Nassau County Children's and Families' Education Center* in Yulee, Florida. Those in attendance were:

Benvit, Kayla Starting Point Brown, Julie NCSB

Carter, Cathy
Crosby, Kathy
Flannery, Katrina
NCSB
NCSB
NCSB

Galbreath, Jacqui Community-Chair

Hearn, Jodie NCSD Jones, (Dr.) Lauren NCSD

Malucci, Kyle Community-Hilliard

Powell, Andreu NCSB

Rozier, Lisa Family Support Services

Seidel, (Dr.) E NCHD

Smith, Carey Wolfson Children's Hospital

Called to order 2:04 pm

Jacqui Galbreath opened the meeting and asked everyone to introduce themselves.

Galbreath called for a review of the last meeting's minutes. Amended Minutes approved. Powell/Brown

**Old Business** – Powell reminded everyone of the old SDFS committee. It is being reconstituted as a sub-committee of NACDAC. Anyone interested in being a part is invited to attend.

# (A) Comprehensive School Health Education

#### DOH-Seidel

- o Vaping has become a problem locally and nationally
- Work is being done to control the distribution of vaping products
- A training on the vaping problem that is being sponsored by the Tobacco Free Partnership and NACDAC

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# (B) Physical Education

### • Hilliard Recreation-Director

- o The Fitness Center is open
- o There is a new volleyball team
- There is a new swim team

# (C) School Health Services

# • Allied Health CNA/CMA Teacher(s)-???

- o Clinicals and testing for all students is complete
- o Students assisted with Health Screenings
  - The students enjoyed it
  - Powell expressed appreciation for this service
- o The students participated in a Disaster Drill with Baptist-Nassau

#### • DOH-Seidel

- o There has been a negative trend in BMI
- The Dental on the westside is doing well and may expand services next year
- o A flier on the flu vaccine was distributed
- o A CHIP explanation and CHIP update was presented
- o An update on "Telehealth" was presented

# (D) School Nutrition Services

# NCSD Food Services-Jones

- Harvest of the Month continues
- o She has hired two new district-level personnel
- o Personalized food?
- The Food Truck is operating
- Since Kim Clemons left, she has met with appropriate people to keep the programs going
- o We will need to evaluate the Wellness Policy soon
- o HUSSC has gone away
- o Girls-On-The-Run is very active
- o There is an afterschool snack program
- Powell thanked Jones for her extensive work in getting the HUSSC and Healthy School District awards

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# (E) School Counseling, Psychological and Social Services

# • Family Support Services-Rozier

- o There is a need for more Foster Homes, especially on the Westside
- There will be an informational presentation on November 27<sup>th</sup> about becoming a Foster parent
- Rozier will come to any location to present

# • Starting Point-Staff

- In the MSs they are doing a student pull-out program called "Ripple Effect"
- o They are establishing a "Global Response" team (Seidel gave some detail on the topic. As part of this, *Florida Psychological Services* will be linked to the school district database, FOCUS.)

# (F) Healthy School Environment

# NCSD-Powell

- o FYS
  - There is movement to change the permission forms to do the survey from "Active" to "Passive."
  - Posters containing data from the 2017 FYS was shared
- o Student participation in the flu immunization program is way up
- o The district's Wellness position has been cut
- The Intervention Teams at every school have been revamped and improved

# (G) Family & Community Involvement in Schools

# • DOH-Seidel

- o Brief explanation of NIHIC and its mission was given
- o Flier on free flu immunizations was distributed
- o Flier on breast and cervical cancer was distributed

# Players-Staff

- o Nutrition classes are available
- o Asthma classes are available (The was discussion on this.)

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# (H)School-site Health Promotion for Staff

# NCSD-Carter

- o Clemmons' responsibilities will be distributed to other personnel
- o Adult immunizations and screenings will continue
- Update on exercise classes (Brown stated exercise classes include current, former staff, and the community.)
- Remember the dates for the SHAC meetings (Next meeting is January 9, 2019.)

Motion to adjourn 3:07 p.m. Jones/Seidel